



Nutritionized Menu

Our Chicken & Beef are 100% Natural, no artificial ingredients, no artificial colors, no preservatives.

Menu provided by Quality Catering approved by our Licensed Dietitian

(* Item is WHOLE GRAIN. Menus are subject to change)

www.deliciousdaycaremeals.com



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/4 2/1 3/1 3/29	1/5 2/2 3/2 3/30	1/6 2/3 3/3 3/31	1/7 2/4 3/4	1/8 2/5 3/5
Cheesy Potato & Turkey Ham Casserole Peas & Carrots Apple WG Delicious Made Dinner Roll* Milk	Delicious Made Chicken Meatballs in Marinara Penne Pasta Green Beans WG Delicious Made Bread* Milk	Diced Chicken Low Mein Broccoli Pine-melon WG Delicious Made Bread* Milk	Roast Beef & Gravy Mashed Potatoes Carrot Coins Orange WG Delicious Made Bread* Milk	Baked Mostaccioli Roasted Peppers Hawaiian Fruit Salad WG Delicious Made Bread* Milk
1/11 2/8 3/8	1/12 2/9 3/9	1/13 2/10 3/10	1/14 2/11 3/11	1/15 2/12 3/12
Lemon Chicken Steamed Rice Carrot Coins Orange WG Delicious Made Dinner Roll* Milk	Beef Nachos Shredded Cheddar Cheese Sour Cream Refried Beans Spanish Brown Rice Banana Corn Tortilla Chips* Milk	Chicken Cacciatore Rotini Pasta Roasted Brussel Sprouts Apple WG Delicious Made Bread* Milk	Delicious Made Hamburger Delicious Made Ketchup Delicious Made Baked French Fries Green Beans Pear WG Delicious Made Bun* Milk	Meatball Marinara Spaghetti Pasta Green Peas Applesauce WG Delicious Made Bread* Milk
1/18 2/15 3/15	1/19 2/16 3/16	1/20 2/17 3/17	1/21 2/18 3/18	1/22 2/19 3/19
Parmesan Noodles & Chicken Carrot Coins Cinnamon Applesauce WG Delicious Made Dinner Roll* Milk	Turkey A La King Steamed Rice Roasted Peppers Banana WG Delicious Made Bread* Milk	Beef Chili Rotini Pasta Roasted Vegetables Pineapple WG Delicious Made Corn Bread* Milk	Chicken Tacos Shredded Lettuce Shredded Cheddar Cheese Southwest Bean Salad Orange WG Soft Flour Tortilla* Milk	Cheese Ravioli in Marinara Sauce* Broccoli Honeydew WG Delicious Made Bread* Milk
1/25 2/22 3/22	1/26 2/23 3/23	1/27 2/24 3/24	1/28 2/25 3/25	1/29 2/26 3/26
Roast Beef & Gravy Mashed Potatoes Roasted Brussel Sprouts Orange WG Delicious Made Dinner Roll* Milk	Meatball Marinara Penne Pasta Sautéed Cabbage Banana WG Delicious Made Bread* Milk	Chicken Patty Sandwich Delicious Made Ketchup Delicious Made Baked French Fries Cucumber Slices Delicious Made Ranch Dip Hawaiian Fruit Salad WG Delicious Made Bun* Milk	Beef Tacos Shredded Lettuce Shredded Cheddar Cheese Spanish Black Beans Apple WG Soft Flour Tortilla* Milk	Macaroni & Cheese Carrot Mashed Cantaloupe WG Delicious Made Bread* Milk

What is Delicious-Made?

Delicious-Made means no sugar, no preservatives, no chemicals, no high-fructose corn syrup sweetener, no trans fats. Our Delicious-Made, 100% Certified Organic meals are yummy, healthy, affordable, and all-natural!