

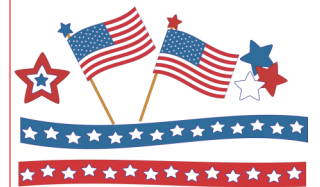
# ABBA Christian Childcare Monthly Newsletter

## Notes From Amanda



### Dates to Remember:

- Every Sunday: Worship at Family In Faith, 8am and 10:30am
- Free Panera bread and bagels every Friday!
- **Tuesday, July 4: ABBA CLOSED. Have a great holiday!**
- Saturday, July 8: Food pantry 10a-12p, volunteers at 9a



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### Welcome New Families!

We were blessed to have Kyle, Shain, Alpha, and Olanna join us in June. We look forward to having Emilio and Jeremiah join us in July. We praise God that all of them are at ABBA!

### Construction Coming in the Fall

Family In Faith has been working towards building a permanent food pantry building for quite some time. It construction may begin in the fall. Some work will need to be done in the center during daycare hours. We hope this will not be a huge inconvenience. As we get more details, I will pass I will pass them along.

### Goodbye Ms Angie and Ms Carole!

Ms Angie, who has been working in the kitchen and infant room since December, will be leaving ABBA in July for another job opportunity. She will be greatly missed, but you can still see her at church services on Sunday. Please pray that we find a new staff member soon to work in our kitchen.



Ms Carole, who has been our assistant director and Twos teacher since August, will also be leaving in July due to a personal family matter. We lift up prayers for her family during this time. She will be greatly missed!

### Help Us and Get a Tuition Break

If you have friends, neighbors, or co-workers who are looking for quality, Christian childcare—please recommend ABBA to them. We have openings in several classrooms and we want to fill them up! If you refer a family who enrolls before August 31 and remains enrolled for two months, you get one week of tuition FREE!\* Just tell them to give us your name when asked how they found out about us.

Please note that this is an ongoing incentive—but after August 31, the family will have to stay enrolled for 3 months before you get your free week.

\*For each child enrolled, you would receive a free week for one child, starting with the oldest child.



## Extreme Heat: Effects on Children

Heat-related illnesses are common, yet preventable on hot days. Children need to take extra precautions to avoid overheating. Dehydration, heat stroke, and other heat illnesses may affect a child more severely than adults.

Children have a smaller body mass to surface area ratio than adults, making them more vulnerable to heat-related illnesses. Children are more likely to become dehydrated because they lose more fluid quickly. Also because children play outside more than adults and are at greater risk as they do not know to limit exertion during hot weather and to rehydrate themselves after long periods of time in the heat.



To combat dehydration, we take frequent water breaks and encourage the children to drink all milk and juice that is provided at meals and snacks. Also on days of extreme heat we limit the amount of time we spend outside. We also offer water to play in to help the children keep cool and encourage them to sit in the shade to rest.

Keeping your children safe from heat is important! Remember to have them drink plenty of fluids at home as well.

### July Birthdays

July 1—Wyatt  
July 12—Anthony S



### TV Screen Back Up Soon

The TV screen outside the ABBA office has been down for several months now. We have replaced it with a new TV and plan to have pictures from the ABBA classrooms and Family In Faith services/events. We will also be able to have reminders of upcoming events on the screen. Watch for this to start in the first week of July.



### Time for Water Play

Now that the weather is getting hot outside, our teachers will be planning to do water play outside once a week for the remainder of the summer. If you did not bring in your child's water play items yet, please do so as soon as possible.

As a reminder, your child will need the following items:

- swim suit
- towel
- water shoes (crocs are great, flips flops not allowed as the kids can easily slip in them)



Please have your child's name on all items. For children in diapers, water/swim diapers are not necessary.