

ABBA Breakfast & Snack Menu October-December 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10/3 10/31 11/28 12/26(closed)	10/4 11/1 11/29 12/27	10/5 11/2 11/30 12/28	10/6 11/3 12/1 12/29	10/7 11/3 12/2 12/30
Cheerios Fresh Apple Milk Vanilla Wafers Apple Juice	Pancake w/ Syrup Banana Milk Vegetable Wheat Crackers Apple Juice	Bagel w/ cream cheese Grapes Milk Chex Mix Apple Juice	Pop Tarts Pears Milk Cheddar Rice Cakes Apple Juice	Toast and Grape Jelly Applesauce Milk Panera Bread Apple Juice
10/10 11/7 12/5	10/11 11/8 12/6	10/12 11/9 12/7	10/13 11/10 12/8	10/14 11/11 12/9
Rice Chex Cereal Fresh Apple Milk Cheese Crackers Apple Juice	Bagel w/ cream cheese Banana Milk Yogurt Apple Juice	Nutri Grain Bars Grapes Milk Jell-O Apple Juice	English Muffin w/ butter Pears Milk Cinnamon Graham Crackers Apple Juice	Waffle w/ syrup Applesauce Milk Panera Bread Apple Juice
10/17 11/14 12/12	10/18 11/15 12/13	10/19 11/16 12/14	10/20 11/17 12/15	10/21 11/18 12/16
Cinnamon Toast Crunch Fresh Apple Milk Whole Wheat Crackers American Cheese Slice Apple Juice	Toast and Grape Jelly Banana Milk Fig Newtons Apple Juice	Bagel w/ cream cheese Grapes Milk Pudding Apple Juice	Pancake w/ syrup Pears Milk Animal Crackers Apple Juice	Pop Tart Applesauce Milk Panera Bread Apple Juice
10/24 11/21 12/19	10/25 11/22 12/20	10/26 11/23 12/21	10/27 11/24(closed) 12/22	10/28 11/25(closed) 12/23
Rice Crispie Cereal Fresh Apple Milk Club Crackers Apple Juice	French Toast Sticks Banana Milk Pretzels Apple Juice	Bagel w/ butter Grapes Milk Jell-O Apple Juice	English Muffin w/ butter Pears Milk Cheddar Cheese Stick Apple Juice	Nutri Grain Bars Applesauce Milk Panera Bread Apple Juice

Substitutions may be made depending on availability.