



Nutritionized Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/2(closed) 1/30 2/27 3/27	1/3 1/31 2/28 3/28	1/4 2/1 3/1 3/29	1/5 2/2 3/2 3/30	1/6 2/3 3/3 3/31
BBQ Chicken Diced Sweet Potatoes Green Beans Pineapple Wheat Bread Milk	Beef Tacos Shredded Lettuce Shredded Cheddar Cheese Spanish Rice Refried Beans Banana Soft Flour Tortilla Milk	Macaroni and Cheese Peas and Carrots Tropical Fruit Rye Bread Milk	BBQ Beef Patty Sandwich Confetti Polenta Broccoli Fresh Orange Mini Wheat Hamburger Bun Milk	Chicken Patty Sandwich Ketchup 3 Way Vegetable Blend Applesauce Mini Wheat Hamburger Bun Milk
1/9 2/6 3/6	1/10 2/7 3/7	1/11 2/8 3/8	1/12 2/9 3/9	1/13 2/10 3/10
Popcorn Chicken BBQ Dip Steamed Rice Diced Carrots Fresh Pear Milk	Chicken Parmesan Penne Pasta QC Vegetable Blend Applesauce Wheat Dinner Roll Milk	Chicken and Rice Bake Green Beans Fresh Orange Wheat Bread Milk	Beef Chili Shell Pasta Peas Banana Rye Bread Milk	Salisbury Meatballs Diced Parsley Potatoes Broccoli Fresh Apple Italian Bread Milk
1/16 2/13 3/13	1/17 2/14 3/14	1/18 2/15 3/15	1/19 2/16 3/16	1/20 2/17 3/17
Chicken Nuggets Ketchup Rotini Pasta Peas and Carrots Tropical Fruit Milk	Beef Nachos Spanish Rice Shredded Lettuce/Cheddar Cheese Sour Cream Refried Beans Fresh Pear Corn Tortilla Chips Milk	Shells and Meat Sauce Broccoli Fresh Apple Wheat Dinner Roll Milk	Parmesan Noodles and Chicken QC Vegetable Blend Banana Italian Bread Milk	Meatball Sandwich Shredded Mozzarella Cheese Green Beans Fresh Orange Hot Dog Bun Milk
1/23 2/20 3/20	1/24 2/21 3/21	1/25 2/22 3/22	1/26 2/23 3/23	1/27 2/24 3/24
Penne Pasta and Meat Sauce 3 Way Vegetable Blend Pineapple Rye Bread Milk	BBQ Meatballs Diced Sweet Potatoes Peas Diced Pears Wheat Bread Milk	Chicken Marinara Penne Pasta Peas and Carrots Tropical Fruit Italian Bread Milk	Macaroni and Cheese Grape Tomatoes Banana Wheat Bread Milk	Hamburger Au Jus Ketchup Mashed Cauliflower Fresh Orange Mini Wheat Hamburger Bun Milk

Our Chicken is 100% Natural, no artificial ingredients, no artificial colors, no preservatives.

Menus provided by Quality Catering approved by Emily Botma, RDN

MENUS ARE SUBJECT TO CHANGE BASED ON AVAILABILITY

-Nutrition information regarding these entrées is available on our website.

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