



Nutritionized Menu



MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
4/3	5/1	5/29(closed)	6/26	4/4	5/2	5/30	6/27	4/5	5/3	5/31	6/28	4/6	5/4	6/1	6/29	4/7	5/5	6/2	6/30
Chicken Nuggets Homemade Ketchup Diced Parsley Potatoes Diced Carrots Apple Milk				Meatball Au Jus Diced Parsley Potatoes Corn Banana Rye Bread Milk				Shells and Cheese Broccoli Watermelon Italian Bread Milk				BBQ Beef Patty Sandwich Steamed White Rice 3 Way Blend Vegetables Hawaiian Fruit Salad Mini Wheat Hamburger Bun Milk				Sloppy Joe Baked Beans Orange Mini Wheat Hamburger Bun Milk			
4/10 5/8 6/5				4/11 5/9 6/6				4/12 5/10 6/7				4/13 5/11 6/8				4/14 5/12 6/9			
Popcorn Chicken BBQ Dip Steamed White Rice Peas Orange Milk				Chicken Taco Shredded Cheddar Cheese Shredded Lettuce Spanish Rice Refried Beans Watermelon Soft Flour Tortilla Milk				Rotini Pasta and Meat Sauce QC Vegetable Blend Banana Italian Bread Milk				Chicken Quesadilla Steamed White Rice Broccoli Honeydew Milk				Chicken Salad Sandwich Pasta Salad Cucumber Salad Pineapple Wheat Bread Milk			
4/17 5/15 6/12				4/18 5/16 6/13				4/19 5/17 6/14				4/20 5/18 6/15				4/21 5/19 6/16			
Chicken Chili Shell Pasta Broccoli Apple Wheat Dinner Roll Milk				Turkey Cheese Wrap Shredded Lettuce Homemade Ranch Dressing Spanish Rice Diced Carrots Orange Soft Flour Tortilla Milk				Macaroni and Cheese Green Beans Melon Mix Wheat Dinner Roll Milk				Chicken Tenders Homemade Ketchup Penne Pasta Peas and Carrots Banana Milk				Chicken and Rice Bake QC Vegetable Blend Honeydew Italian Bread Milk			
4/24 5/22 6/19				4/25 5/23 6/20				4/26 5/24 6/21				4/27 5/25 6/22				4/28 5/26 6/23			
Parmesan Noodles Chicken QC Vegetable Blend Apple Wheat Bread Milk				Chicken Marinara Shell Pasta Corn Cantaloupe Wheat Dinner Roll Milk				Hawaiian Meatballs Steamed White Rice Diced Carrots Watermelon Wheat Dinner Roll Milk				Chicken Alfredo Penne Pasta Broccoli Banana Italian Bread Milk				Spaghetti and Meatballs Winter Blend Vegetables Orange Wheat Dinner Roll Milk			

Our Chicken is 100% Natural, no artificial ingredients, no artificial colors, no preservatives.

2016 menus provided by Quality Catering approved by Emily Botma, RDN

-Nutrition information regarding these entrées is available on our website.

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